

# Relationship Complaint Questionnaire

Name: \_\_\_\_\_

Please check the box next to each complaint you have about your relationship. Check as many as you want and please feel free to elaborate in the space below. Thank you!

- I feel stuck and don't know what to do.
- My partner tends to avoid conflict too much.
- My partner tends to engage in too much conflict.
- My partner doesn't listen to me.
- My partner often speaks for me and I find that annoying.
- My partner has a personal issue that has become a real problem for our relationship.
- I don't know what I want any more from my relationship.
- My partner is not fulfilling my needs well enough any more.
- My partner doesn't seem to like me as much as he or she used to.
- I don't like my partner as much as I used to.
- I feel smothered by my partner.
- I feel controlled by my partner.
- I fear my partner will leave me.
- I fear letting my partner know about the "real" me.
- My partner doesn't respect me.
- My partner doesn't want as much sex as I do.
- My partner wants more sex than I do.
- My partner is different now than he or she used to be and that troubles me.
- I'm pretty OK. I'm just here because my partner has complaints.

Other complaints or more about the above complaints: